

COFFEE

WITH A COP



Thursday October 22nd
9 am-10:30 am
Mattamuskeet Senior Center

The Hyde County Sheriff's Office along with the Mattamuskeet Senior Center want you to pull up a chair, grab some coffee and a bagel or doughnut, and get to know your local law enforcement. Tell us about your neighborhood, ask questions, share your concerns, or stop by just to chat. The coffee is free and the conversation is informal. We look forward to grabbing a coffee with you.



Did you know there is a National Get Funky Day. It is celebrated every year on October 5th., but the Mattamuskeet Senior Center is adopting Get Funky Day on **October 17th**. So, find your groove and let's get Funky. Turn up the energy, improve your mood, smile, laugh, dance and share the enthusiasm everywhere you go. National Get Funky Day encourages everyone to break out of their funk and get funky. When we add a little spice to our everyday routine, it keeps life interesting. Watch your interactions between customers, coworkers and loved ones improve. Funkiness is infectious! National Get Funky Day is a day to celebrate life, spread love, laughter, and light.

Get funky by wearing the brightest clothes, dance to happy music, smile, laugh, let your hair down, high five and hug people. Have a party, help a neighbor, be positive and have fun! Whatever you do, step out of your normal and Get Funky! The goal is to generate as much positivity as possible. Come and see what funky things Darlene and Jessica come up with.

LET'S GET FUNKY TOGETHER

OCTOBER 17TH

PARTY STARTS AT 10:00 am

**PRIZE WILL BE AWARDED
TO THE MOST FUNKIEST!!**



MUSIC, FOOD, LAUGHTER

MATTAMUSKEET SENIOR CENTER



OPEN ENROLLMENT PERIOD

MEDICARE PART D 2019

ANNUAL OPEN ENROLLMENT FOR MEDICARE PART D

October 15 — December 7, 2018

APPOINTMENTS REQUIRED! Call 926-1956

make your appointment

It's almost time to review your Medicare Part D plan and make changes for 2019. This is the only time during the year that you can make changes to your Part D prescription drug plan unless you have the Extra Help Low-Income Subsidy.

Extra Help is a low-income subsidy which helps pay for your Medicare Part D plan premium and your medicines.

To qualify, you must meet these guidelines:

Individual

Income \$1,538/month or less

Assets \$12,600

Married Couple

Income \$2,078/month or less

Assets \$28,150

If you think you qualify, call 252-926-1956 for an appointment



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